



CURIOS ABOUT WHAT WE DO?

 AYAN-Kenya

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Youth-led SRHR & Inclusion Empowerment across Kenya



Learn more at ayankenya.org

Who We Are

AYAN is a youth-led NGO established in 2013, working to advance adolescent and youth sexual and reproductive health and rights, and to support marginalised communities including SGM youth.

Our Mission

To advocate for implement of policies, legislation and litigation that promotes SRHR by youth, young girls and SGM within Kenya.

Our Vision

A society where SRHR for all is respected and upheld



Our work areas

SRHR

Women, girls and young people must have uninterrupted access to sexual and reproductive health information, services and commodities — it's a human right.

Contraception:

A full range of short- and long-acting contraception, information and counselling ; including emergency contraception , must be accessible and youth-friendly.

Abortion:

All young people have the right to choose. Safe, legal, affordable abortion care should be available without mandatory parental or spousal consent barriers.

Diversity:

No discrimination for anyone , services and programmes must be equitable and responsive to diverse identities and needs.

Gender & GBV

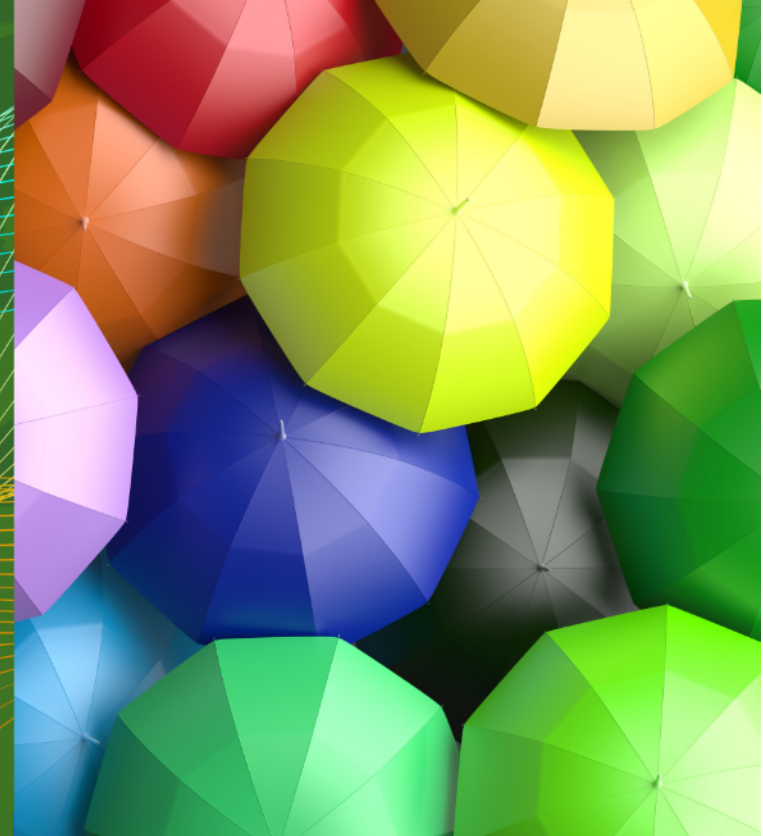
Engage young men, recognize transgender and intersex realities, and guarantee protection and recourse against gender-based violence.

HIV & AIDS:

Integrate SRH and HIV services, ensure confidential treatment and fight stigma so young people living with HIV can thrive.

Pleasure & Rights:

Sexual pleasure is part of sexual health , Safer sex is pleasurable sex; consent, bodily autonomy and healthy expression matter.



“

“The power of communities’ — youth-led solidarity for health and rights.”

”



ABOUT AYAN: —

AYAN Kenya is a non-governmental organization that was established in 2013 with the aim of involving young people in participating and contributing towards an enabling environment that will foster their empowerment on sexual and reproductive health and rights issues. In response to the need to advance this course while dealing with a number of factors not directly provided for in our yearly implementation plan but which nevertheless related to and impactful to our work: AYAN Kenya adopts a holistic approach in advocating for the promotion and protection of health rights while still maintaining a focus on youth, women, girls and SGM. Armed only with a vision and no funding, AYAN Kenya began in 2013 as a lean Community Based Organization hosted in a shared space with only 6 volunteers. We are currently a full-fledged NGO boasting of a dedicated and experienced team working on broader health and human rights issues in Kisumu, Siaya, Homabay, Kakamega and Migori Counties. Our objective is to advocate for the Implementation of Policies, legislation and Litigation that promotes SRHR for adolescents, young women and SGM groups in Kenya.

Vision

A society where SRHR for all is respected and upheld

Mission

To advocate for implement of policies, legislation and litigation that promotes SRHR by youth, young girls and SGM within Kenya.



Core Values

- i. **Social Justice** - We affirm that all persons should enjoy rights and freedoms regardless of their race, tribe or sexual orientation.
- ii. **Professionalism** - AYAN shall endeavor to conduct its business through adhering to the rules and procedures spelt out in its various operational policies and uphold best practices
- iii. **Accountability and Transparency** - The organization will conduct its affairs and business in an open manner in its processes and operations.
- iv. **Collaboration** - We believe in working together and partnership with like-minded organizations and government institutions.
- v. **Integrity** - The organization upholds high degree of honesty, trust fairness and faithfulness in serving its beneficiaries and stakeholders.
- vi. **Innovation** - We believe in designing and implementing programs that introduce new creative ideas and methods informed by our learnings. We encourage innovation diversity amongst staff board members and beneficiaries.
- vii. **Equity and Equality** - We are in the environment of gender sensitive issues. AYAN will uphold and reflect essential dignity of all adolescents, young women SGM groups in all its affairs and businesses at all levels at all times.
- viii. **Respect for Diversity** - We believe in and recognize respect for diversity and the elimination of discrimination among its ranks, partners, beneficiaries and the wider society.

OURPROGRAMS

Advocacy on Health and Human Rights

The advocacy program leverages on opportunities for networking and collaboration, capacity building, research and learning: to enhance understanding of Sexual Reproductive Health rights among youth, adolescents, young women and marginalized populations. It involves reaching out to various agencies and partners through sensitization, trainings and advocacy with opinion leaders for the benefit of adolescents, women and Gender and sexual minorities .

Goal: Improved capacity of SGM, young girls and adolescents to advocate and exercise their rights and freedom

Focus Areas: Policy advocacy, Human rights, Security and safety, Legal and paralegal services, Access to services, education, health, Economic opportunities, Public litigation, Cultural and religion influence, Stigma and discrimination, Media, mental Health, HIV/AIDS, Abortions etc.

Research and Learning

This program involves conducting research programs in order to identify new areas in SRHR affecting our beneficiaries and use this inform as learning interventions to inform generation of new ideas for funding and development of new policies. These areas include research policy analysis, publishing research findings, research capacity strengthening and documentation and dissemination of key learnings to stakeholders and beneficiaries.

Goal: Research publications on SRHR in national and international journals.

Focus Areas: Policy analysis and research, Policy studies, Policy debates, publishing research findings, Capacity strengthening on research, documentation and dissemination of key learnings Best practices

OUR PROGRAMS ———

Institutional Development

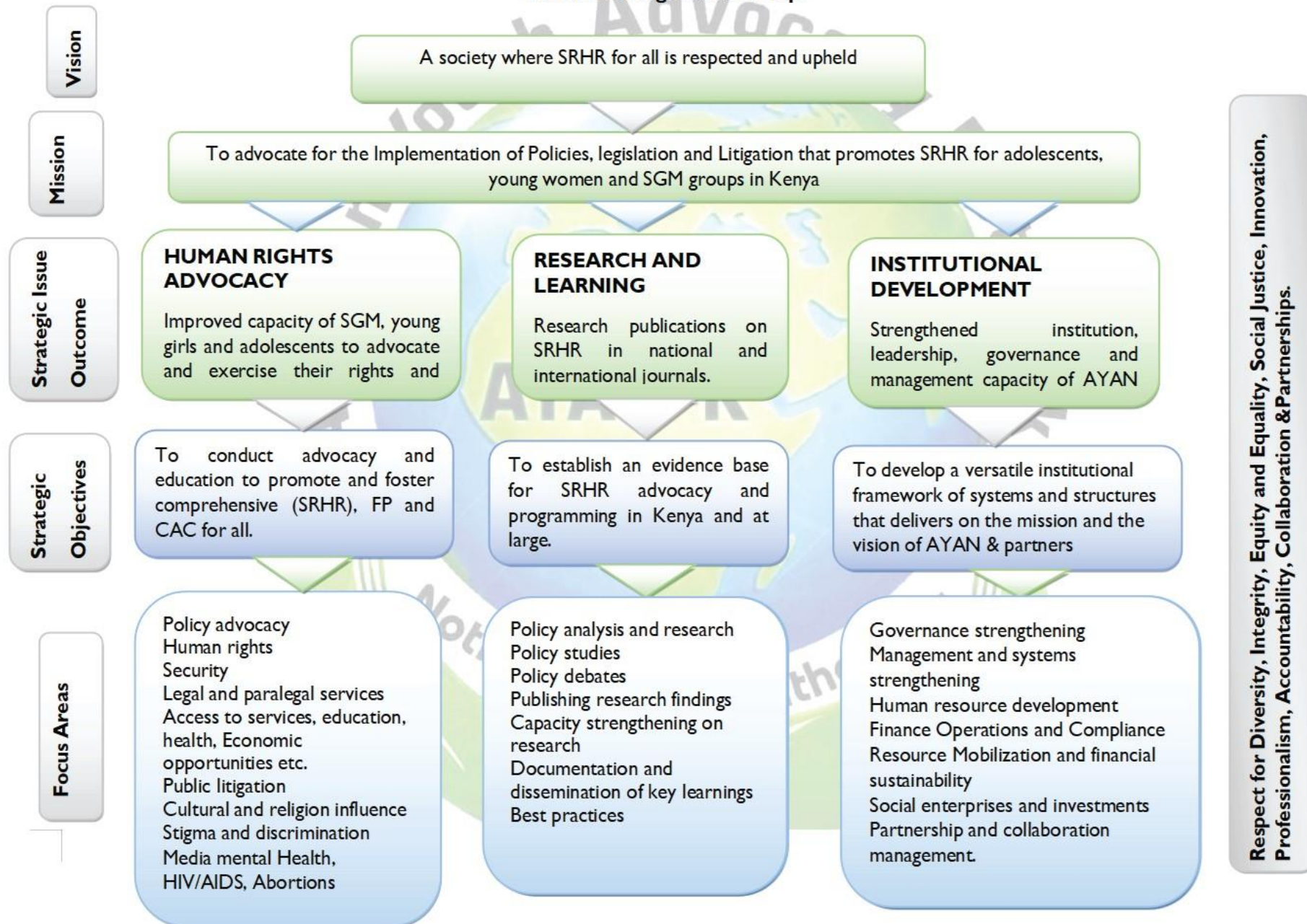
This program aims at strengthening Institutional structures and systems focusing on Leadership development, Governance structures and Management capacity building of AYAN staff, beneficiaries and partners to be able to conceptualize, implement, monitor and evaluate programs and projects.

Goal: Strengthened institution, leadership, governance and management capacity of AYAN and partners

Focus Areas: Governance strengthening, Management and systems strengthening, Human resource, development, Finance Operations and Compliance, Resource Mobilization and financial, sustainability, Social enterprises and investments, Partnership and collaboration management



AYAN Strategic Results Map:



Respect for Diversity, Integrity, Equity and Equality, Social Justice, Innovation, Professionalism, Accountability, Collaboration & Partnerships.

OUR PROJECTS AND IMPACT ———

Vijana Tugutuke - Siaya County January to June 2017

Vijana Tugutuke project provided gender - responsive interventions that addressed needs of young people and also built the capacity of key stakeholders to challenge harmful sociolect-cultural norms related to gender and sexuality with an aim of Contributing to increased access to comprehensive ASRH information and services to 476 young people and adolescents in Ugenya sub county, Siaya County. The project also addressed the relationship of mental health and with lack of employment and sources of income being a major contributor. At the end of the project: -

- *13 Youth Savings and Loaning Associations (YSLA) formed and registered to enhance savings and loaning among young people out of school*
- *2 YSLA groups linked to Siaya County Affirmative Action Fund and received car wash machines and an IGA*
- *1 safe space supported in Segu Health Centre to facilitate health talks on SRHR, mental health and SGBV among young people.*

Chanuka Challenge - Siaya and Kakamega 2018

The overall goal of the project was to improve and advance the SRH rights of in- and out-school adolescents through the provision of appropriate education and linkage to access services. More specifically, the project was to address gaps in SRHR, Mental Health and Early-Stage Drug Abuse by Young people in and out of school. At the end of the project: -

- *Correct and consistent reproductive health messages reached the in school and out school youths*
- *Key allies gave unflinching support and participated in the project Implementation especially the department of health and children services.*
- *10 Adolescents club's patrons trained on behavior change communication facilitation on BCC manual.*
- *10 Youth Peer Providers trained to offer reproductive health services, mental health and drug abuse for both in and out of school adolescents.*
- *6 Community conversations held in key project communities.*

Support to Mitigate - Siaya County, January to September 2018

The overall goal of the project was to improve and advance the SRH rights of in- and out-school adolescents through the provision of appropriate education and linkage to access services. More specifically, the project had the impact as shown below;

- *Reduced teenage pregnancy rates among adolescents in Bondo and Rarieda Sub counties from 5 out of 10 girls to 2 out of 10 girls.*
- *Increased teenagers Family Planning acceptor rate from 5% to 20% in the target population.*
- *20 teenage mothers to acquired vocational skills in Tailoring/Garment Making and Hair dressing as part of Combined Socio-Economic Approaches.*

Bridging Family Planning Gaps Project in Migori and Kakamega County - January 2021 to May 2021

Bridging Family Planning Gaps project was designed to transform barriers to accessing health services on contraception by AGYW to enablers by addressing the problem systematically, thus, AGYW will not face undesirable healthcare provider attitudes, AYAN Kenya shared correct information through 21 targeted outreaches thus end users will not use myths, rumors & misconceptions, negative traditional & religious beliefs about SRHR to make choices & finally they will have a wide choice of health facilities of choice to get family planning services and be empowered to fight societal stigma. Below were the key result areas:

- *2217 AGYW reached in the 21 outreaches.*
- *214 AGYW successfully linked and received Family Planning Commodities*
- *10 AGYW supported to access PAC and CAC*
- *139 males engaged in conversations on bodily rights and reproductive rights choices for women.*

Bridging Reproductive Health and Rights Gaps Migori and Homabay Counties - June 2021 - February 2022

AYAN Kenya conducted 40 community conversations targeting Women of reproductive age in Migori and Homabay county by promoting the use of Safe Abortion App designed and supported by Hesperian Health Guides to achieve Bridging Reproductive Rights gaps and to transform barriers to accessing information and health services on contraception, safe abortion choices and information on pregnancy and finally they will have a wide choice of health facilities of choice to get family planning services and be empowered to fight societal stigma. These were specific results-

- *No. of people downloading the app - 1241*
- *Migori County - 876*
- *Homabay County - 365*
- *Total No. of app downloaded - 2482 (Ratio of 1:2)*
- *No. of people referred for PAC and CAC - 24*
- *No. of people accessing Contraceptive - 543*

Conversations 4 Change - C4C 2022

AYAN Kenya engaged with different community cadres, gatekeepers, and the general population in the various community calendar discussions on narrative change work and got a chance to curate out of the box activities and approach the community networks from a different angle. This project aimed at community advocacy and also to initiate a narrative-changing series of conversations with communities in their settings who have had positive experiences with reproductive rights choices. We aimed to document those experiences and share them with communities that are often too used to negative narratives revolving around reproductive Justice and finally build a movement from community to influence the policy environment using the bottom-up approach.

- *No. of Community Conversations - 20*
- *No. of people reached - 654*
- *No. of lived experiences shared - 8*
- *No. of people referred for SRHR services - 231*

Summary of Impact as result of our work and contribution

- » Empowered young people able to voice their social support and decision making towards SRH and HIV/AIDS prevention efforts.
- » Strengthened and sustainable Alliances comprehensively addressed the HIV/AIDS Prevention for children, adolescents and caregivers.
- » Increased utilization of comprehensive SRHR, GBV and HIV/AIDS information and education by adolescent girls and young people of reproductive age.
- » Increased utilization of quality and youth-friendly SRHR services that respond to the needs and rights of all young people
- » Improved social-cultural, political and legal environment for gender-sensitive, youth-friendly SRHR and HIV/AIDS Prevention policy environment. e.g.

I. Kisumu County Sexual and Reproductive Health Strategy 2019 - 2024

II. Migori County Multi-Sectorial Action Plan to Improve the Health and Well-being of Adolescents and Youth

III. Migori County Costed Action Plan and The Minimum Service Package Policies

IV. Siaya County HIV/AIDS Strategy (Draft Stage)

V. Homabay County AYSRH Strategic Plan 2022 - 2027 (Zero Draft)

CONTACTUS

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